

## Neurological Diseases and the Importance of Integrative Biological Medicine

### *Introduction*

Neurological disorders, .i.e. disorders that affect the brain, spine or peripheral nerves, are increasing at an extremely fast. From an orthodox point of view, these ailments constitute a group of symptom constellations that appear in different forms depending on the part of the nervous system affected as well as on the respective patient's constitution.

The problem is that conventional medicine is unable to identify the underlying causes and thus declares a large share of these conditions to be "idiopathic", i.e. of unknown cause. Polyneuropathy, for instance, is only treated with drugs that counteract the symptoms and bear potentially many adverse side effects without ever examining the actual causes. However, various other neurological disorders also belong to this group, for instance:

- Parkinson's disease
- Multiple Sclerosis
- Alzheimer's disease
- Polyneuropathy
- Guillain-Barré syndrome
- Myopathy
- Post-zoster neuralgia
- Encephalopathies
- Psycho-vegetative disbalance

For all these diagnoses, orthodox conventional medicine has not established any underlying causes and only treats them by suppression—frequently with cortisone (steroids), anti-inflammatory or neuroleptic drugs or with morphine-like opioids.

### *Our inherent managers - nerve cells*

The nerve cells of brain, spine and autonomic nervous system belong to the small share of cells in our organism that cannot regenerate or take a long time to regenerate. For that reason, they need to be permanently "pampered" all our life. However, this is hard to do due to today's massive sensory overload (mental stress), contamination with environmental toxins and drugs (chemical stress) and the huge exposure to magnetic and high-frequency fields, ionizing radiation and radio smog (physical stress) lead to an overwhelming effect on the body. So it is no surprise that these frequently chronic and progressive conditions are increasing. Biological medicine considers these influences to be structurally as well as energetically adverse and devitalizing.

### *The autonomic nervous system as connecting link*

The central (brain, spinal marrow) and peripheral nervous system are closely related to the autonomic nervous system, which consists of the sympathetic and the parasympathetic part that control all body functions without our deliberate involvement and should be rhythmically poised. To a large extent, neurological disorders are characterized by their malfunction. We pay utmost attention to the intestines as a key regulator of the immune system and provider of nourishment that supplies the body's cells.

### *The four-pillars concept of Integrative Biological Medicine in autoimmune diseases*

In order to be successful with biological remedies in neurological diseases, we adhere to a strict conceptual implementation. This means that patients will have to strictly observe the healing diet, natural remedies and nervous system balancing and strengthening substances and turn around their lifestyle and thinking completely.

## 1. Recognize of causative agents

... it means the determination of individual factors and reasons which have promoted nervous system disorders, like ...

- Toxic contamination (heavy and light metals, organic toxins), see also ATSDR webpage (<https://www.atsdr.cdc.gov/substances/ToxOrganSystems.asp>)
- Infected teeth and bacterial, chronic inflammations of the jaw,
- Unresolved deep emotional trauma and conflicts,
- Long-term silent inflammation from interfering fields (often combined with slow virus infection),
- Deviation of important micro-environmental factors (terrain factors), like acid-base-balance, oxidative and nitrosative stress, enzyme blockades etc..
- Unhealthy nutrition with a lack of important vital substances.
- Too much stress and dominance of sympathetic nervous system, not enough recovering during sleep, stepwise development of adrenal deficiency.
- Loads from building biology (esp. geopathology), electromagnetic and high frequency smog.

All factors can meanwhile be measured by specific lab and functional test systems.

## 2. Purification and Release

... it means to let go all inner waste from body mind and soul by ...

- Cleansing of inner organs and intestines (infusion program, oral treatment, colonics),
- Targeted detoxification and tooth sanitation (Metal Free Restoration, Removal of Root Canal Treated Teeth and Jaw Cavitations),
- Sanitation of chronic inflammations,
- Holistic pain treatment, especially with systemic Procaine which is very helpful,
- BIO-IN<sup>2</sup> neural therapy,
- Psycho-mental detox and emotional relief.

## 3. Regeneration and Bio-stimulation

... it means especially the strengthening of inner organs, modulation and stimulation of the nervous and immune systems by the use of ...

- Specific infusions containing high-dosed antioxidants, essential amino acids, Procaine,
- Hyperbaric ozone therapy,
- Natural remedies from Homeopathy, Isopathy, Spagyrics, Phytotherapy, Mistletoe,
- Intestinal Health by Pre- and Probiotics,
- Targeted supplementation,
- Organopeptides (in combination with autologous blood) for lymphatic and inner organ support,
- Intensive diet therapies / individual nutritional advice,
- Full-body hyperthermia (Iratherm®) and active fever therapy,
- Bioidentical Hormones,
- BIO-IN<sup>2</sup> Injection Therapy,
- Proper function of bite and mastication,
- Holistic physical therapy (pulsating magnetic field, reflex therapies, lymph drainage).

## 4. Harmonization and Awareness

... it means to bring Body, Mind and Soul in Conformity with Creation, due to ...

- Definition and finding the inner Sources of Energy,
- Bringing the Family in Harmony,
- Changing old negative thinking Patterns,
- Using the power of your own Trust and Belief Concept,
- Synchronization of body, mind and soul,
- Developing an Awareness of being the designer of own fate.

The following figure summarizes the most important components of Integrative Biological Medicine in neurological diseases:

- **Infusion program for nerval support** (Cholincitrate, Galactose etc.)
- **Targeted detoxification**
- **Replacement of classic anti-inflammatory drugs with natural substances** (e.g. Frankincense)
- Regulation pH and oxidative stress
- **Removal of dental foci**
- Oral supplementation of vital substances
- **Neural therapy** (segmental and neuro-modulative triggers)

### Tools for Prevention and Therapy of Neurological Diseases



- whole body hyperthermia
- **Organopeptides** with autologous blood activation, ozone therapy
- Diet and optimizing of nutrition
- **Holistic physical therapy**
- Natural remedies for organ support and inner stabilization
- Colonic cleansing and up-building of **intestinal flora**
- Release of psycho-somatic conflicts affecting the organ („not-digested“ conflict)

#### *The Human in the Center of Focus!*

Our treatments are very individual as the result of true holistic diagnostics. We don't treat diagnoses—we treat people and the causes of their illness. Treatments vary, depending on the contributory causes we find.

In the name of the complete Alpstein Team,

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Head Physician