

Chronic Infections— A Domain of Integrative Biological Medicine & Dentistry!

Introduction

Despite the availability of improved hygienic measures, sufficient food, and conventional medicines such as vaccines and antibiotics, chronic infections and inflammation are widespread and continue to increase. From an orthodox point of view, these diseases, caused by so-called “pathogens”, constitute a group of symptoms that manifest in different forms depending on the part of the body affected as well as on the respective patient’s constitution.

The problem is that conventional medicine is unable to understand the actual multiple causes and thus declares viruses, fungi, parasites and other “germs” to be the cause. For instance, “Lyme disease” (= chronic borreliosis), is repeatedly treated with antibiotics (frequently with multiple antibiotics!) without the actual other health factors ever being examined. Of course, antibiotics will ease the complaints temporarily, but they also affect the healthy and vital lacto-bacteria intestinal flora (microbiome) and the mitochondria that serve as power stations to the cells. So unfortunately, they are truly “antibiotic”, i.e. against life. Various other chronic infections also belong to this group, for example:

- chronic virus infestation (EBV, CMV, coxsackievirus, herpes, hepatitis)
- chronic parasite infestation (toxoplasmosis, malaria, pinworms, liver flukes, etc.)
- chronic bacterial infections (sinusitis, tonsillitis, appendicitis, osteomyelitis, etc.)
- mycoplasma infections
- chronic susceptibility to infection
- chronic fungal infections like dermatophyte, nail fungus or vaginal mycosis
- specific infections caused by Bartonella, Shigella, salmonellae or Yersinia
- chlamydia infections, and again
- borreliosis (also known as neuro-borreliosis or Lyme’s disease)

Orthodox medicine relates the underlying causes to the respective “pathogen” and consequently treats them by suppression only, using antibiotics, antifungals or antiviral agents.

But how come the causes are—despite all scientific progress—unidentified? That is because there is no single cause but ALWAYS an individual combination of causes and generally, the terrain and the cellular milieu are affected and disbalanced.

“The microbe is nothing - the terrain is everything!”

This maxim stipulated by A. Bechamp, student of L. Pasteur, is impressively confirmed when you study the medical history of patients suffering from infections and examine their holistic terrain-related findings, for instance, in the darkfield microscope. We have found that chronic infections are accompanied by a number of other factors including: toxic contamination with heavy or light metals, organic toxins and xenohormones; irregularities in the acid-base-balance; oxidative and nitrosative stress; deficiencies in essential vitamins; and destructive and auto-aggressive immune tendencies. Moreover, extensive lab analyses conducted by us proved that most of these patients also feature immune deficiencies on a cellular level and co-infections with Epstein-Barr-, influenza-, herpes- or cytomegaloviruses as well as chlamydia or toxoplasmosis infections. All of the patients suffered from intestinal dysbiosis. In addition to toxic contamination, there are other adverse health factors related to lifestyle such as insufficient mental hygiene or poor building or living biology. These factors all contribute to chronic immune disorders and immunodeficiency

The healing fever

"Give me something to produce a fever and I will cure all sickness." This famous saying is ascribed to Parchemides, a student of Hippocrates of the old Greek medical school. This is particularly true for all kinds of chronic inflammations and infections. Many of our patients haven't had a fever for decades. Most pathogens are only killed if the body temperature reaches fever level and immune cells are most active immunologically at temperatures between 39.0 and 40°C/102° to 104°F.

The four-pillars concept of Integrative Biological Medicine in chronic infections

In order to be successful with biological remedies in chronic infections, we adhere to a strict implementation of Integrative Biological Medicine. This means that patients will have to diligently observe the healing diet, the protocols of natural remedies and immune strengthening substances, and turn around their lifestyle and thinking completely using the four-pillars concept:

1. Recognize of causative agents

... it means the determination of individual factors and reasons which have promoted immune deficiency and chronic infections, like ...

- Toxic contamination (heavy and light metals, organic toxins), see also ATSDR webpage (<https://www.atsdr.cdc.gov/substances/ToxOrganSystems.asp>)
- Infected teeth and bacterial, chronic inflammations of the jaw,
- unresolved deep emotional trauma and conflicts,
- Long-year silent inflammations from interfering fields (often combined with slow virus infection),
- Deviation of important microenvironmental factors (terrain factors), like acid-base-household, oxidative and nitrosative stress, enzyme blockades etc..
- Unhealthy nutrition with a lack of important vital substances.
- Too much stress and dominance of sympathetic nervous system, not enough recovering during sleep, stepwise development of adrenal deficiency.
- Loads from building biology (esp. Geopathology), electromagnetic and high frequency smog.

All factors can meanwhile be measured by specific lab and functional test systems.

2. Purification and Release

... it means to let go all inner waste from body mind and soul by ...

- Cleansing of inner organs and intestines (infusion program, oral treatment, colonics),
- Targeted detoxification and tooth sanitation (Metal Free Restoration, Removal of Root Canal Treated Teeth and Jaw Cavitations),
- Sanitation of chronic inflammations,
- Use of biological remedies against viruses, parasites, fungi and bacteria, e.g. isopathic medicine, micro-immune-therapy, healing plants, specific homeopathic remedies,
- BIO-IN² neural therapy,
- Psycho-mental detox and emotional relief.

3. Regeneration and Bio-stimulation

... it means especially the strengthening of inner organs, modulation and stimulation of immune system by the use of ...

- Specific infusions containing high-dosed antioxidants, essential amino acids, Curcuma
- Hyperbaric ozone therapy,
- Natural remedies from Homeopathy, Isopathy, Spagyrics, Phytotherapy, Mistletoe,
- Intestinal Health by Pre- and Probiotics,
- Targeted supplementation,
- Strengthening of intestines as key regulator of immune defense system (pre- and probiotics, stabilizing mucosal layer and bacterial protective shield, support for Peyer's patches)
- Organopeptides (in combination with autologous blood) for lymphatic and inner organ support,

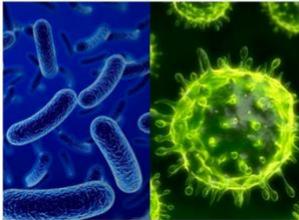
- Intensive diet therapies / individual nutritional advice,
- Full-body hyperthermia (Iratherm®) and active fever therapy,
- BIO-IN² Injection Therapy,
- Proper function of bite and mastication,
- Holistic physical therapy (pulsating magnetic field, reflex therapies, lymph drainage).

4. Harmonization and Awareness

... it means to bring Body, Mind and Soul in Conformity with the Creation, due to ...

- Definition and finding the inner Sources of Energy,
- Bringing the Family in Harmony,
- Changing old negative thinking Patterns,
- Using the power of your own Trust and Belief Concept,
- Synchronization of body, mind and soul,
- Developing an Awareness to be the designer of your own fate.

The following figure summarizes the most important components of Integrative Biological Medicine in chronic infections:

<ul style="list-style-type: none"> • Targeted detoxification • Strengthening of cell-dependent immune system (active fever therapy, whole body hyperthermia, ozone) • Organo-peptides (thymus, spleen, mesenchyme) • Removal of dental foci • Oral supplementation of vital substances • Regulation of pH, oxidative and nitrosative stress 	<p style="color: #0070C0; font-weight: bold;">Tools for Prevention and Therapy of chronic Infections</p> 	<ul style="list-style-type: none"> • Neural therapy (segmental and neuro-modulative triggers) • Special infusions against microorganism • Intestinal up-building and mucosal defense reinforcing • Diet und optimizing of nutrition • Natural remedies against fungi, viruses, bacteria, parasites • Release and harmonization of inner conflicts and “emotional” toxins
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The Human in the Center of Focus!

Our treatments are very individual as the result of true holistic diagnostics. We don't treat diagnoses—we treat people and the causes of their illness. Treatments vary, depending on the contributory causes we find.

In the name of the complete Alpstein Team,

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Head Physician