

Cancer and the Importance of Integrative Biological Medicine

Introduction

The incidence of cancer is increasing annually by around 2% in industrialized nations and will soon overtake cardiovascular diseases as the primary cause of death. Contrary to how it is presented in conventional medicine, malignant tumors are not restricted to a higher age group. Increasing numbers of younger people are developing them. So-called early diagnostic methods, which in reality are not only imprecise, but often rather late, encourage fear and uncertainty. Conventional medicine takes little or no consideration of the *causes* of cancer and takes a merely mechanistic view of the “issue of cancer”. It is known today that the development of cancer is associated with chronic infections, inflammations and especially toxic exposure.

Early stages of cancer can be treated with a combination of localized conventional medicine (mostly a small operation) and thorough biological-medical measures. It is important to take warning signals seriously, to optimize one’s lifestyle, to recognize carcinogenic mechanisms and to reorient oneself BIO-logically.

In advanced cancer stages (with metastasis) conventional medicine uses surgery, chemotherapy and radiation, and sometimes hormone blocking as well. But this combination has not been sufficient in defeating this dangerous disease, and comes with some significant drawbacks. There can be intense and debilitating side-effects of cytostatic (cell division blocking) drugs and the cytotoxins can become less and less effective. That is why we recommend the active integration of biological medicine that has been developed with evidence-based science over the course of many years.

The problem lies in conventional medicine not recognizing the causes of cancer in a sufficient measure, so they consider removal and chemical destruction to be the only solution. However, a study from Germany that was conducted for more than 12 years, where besides conventional therapy, many procedures from biological medicine, such as high doses of orthomolecular medicine, oxygen and ozone applications, enzymes, intestinal repair, diet changes, and psychotherapy were applied, showed that the 10-year survival rate of breast cancer patients with remote metastases increased by over 20%. The efficiency of chemotherapy, radiation and hormone therapy is only in the single digit range.

Cancer as a Product of the Cancer Disease

Cancer grows on the basis of the cancer disease that includes all biological levels and in most cases starts many years before tumors grow. Toxins, chronic infections, weak organs, emotionally repressed conflicts, deficiency symptoms and an unfavorable lifestyle are the most important promoters. Our holistic diagnostics will determine the most significant factors for each individual patient and are a guideline for individual therapy.

The four-pillars concept of Integrative Biological Medicine in cancerous diseases

In order to be successful with biological remedies in the case of malignant diseases, we adhere to a strict conceptual implementation. This means that patients will have to strictly observe the healing diet, natural remedies and immune strengthening substances and turn around their lifestyle and thinking completely.

1. Recognize of causative agents

... it means the determination of individual factors and reasons which have promoted immune deficiency and cancerous growth, like ...

- Toxic contamination (heavy and light metals, organic toxins), see also ATSDR webpage (<https://www.atsdr.cdc.gov/substances/ToxOrganSystems.asp>)
- Infected teeth and bacterial, chronic inflammations of the jaw
- Unresolved deep emotional trauma and conflicts
- Long-term immune deficiency (often combined with slow virus infection, silent inflammations)
- Deviation of important micro-environmental factors (terrain factors), like acid-base-balance, oxidative and nitrosative stress, enzyme blockades etc.
- Unhealthy nutrition with a lack of important vital substances
- Too much stress and dominance of sympathetic nervous system, not enough recovering during sleep, stepwise development of adrenal deficiency
- Loads from building biology (esp. geopathology), electromagnetic and high frequency smog

All factors can be measured by specific lab and functional test systems.

2. Purification and Release

... it means to let go of all inner waste from body mind and soul by ...

- Cleansing of inner organs and intestines (infusion program, oral treatment, colonics)
- Targeted detoxification and tooth sanitation (Metal Free Restoration, Removal of Root Canal Treated Teeth and Jaw Cavitations),
- Removal of chronic inflammations,
- Holistic pain treatment,
- BIO-IN² neural therapy,
- Psycho-mental detox and emotional relief

3. Regeneration and Bio-stimulation

... it means especially the strengthening of inner organs, modulation and stimulation of immune system by the use of ...

- Specific infusions containing high-dosed antioxidants, essential amino acids, Curcuma
- Hyperbaric ozone therapy
- Natural remedies from Homeopathy, Isopathy, Spagyrics, Phytotherapy, Mistletoe
- Intestinal Health by Pre- and Probiotics
- Targeted supplementation,
- Organopeptides (in combination with autologous blood) for thymus, spleen and adrenal support,
- Intensive diet therapies / individual nutritional advice
- Full-body hyperthermia (Iratherm®) and active fever therapy
- Bioidentical Hormones,
- BIO-IN² Injection Therapy,
- Proper function of bite and mastication
- Holistic physical therapy (pulsating magnetic field, reflex therapies, lymph drainage)

4. Harmonization and Awareness

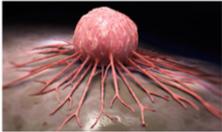
... it means to bring Body, Mind and Soul in Conformity with Creation, due to ...

- Definition and finding the inner Sources of Energy,
- Bringing the Family in Harmony,
- Changing old negative thinking Patterns,
- Using the power of your own Trust and Belief Concept,
- Synchronization of body, mind and soul,
- Developing an Awareness of being the designer of your own fate.

The following figure summarizes the most important components of Integrative Biological Medicine in cancerous diseases:

- Infusion to detox
- **Reduction of chemo- and radio-therapeutic side effects, increasing cytostatic effect of conventional drugs**
- Removal of dental foci
- Infusion for stimulation immune system
- Oral supplementation of vital substances
- Neural therapy (segmental and neuro-modulative triggers)
- Regulation pH and oxidative stress

**Tools
for Cancer
Prevention and
Therapy**



- **Local and whole hyperthermia**
- **Active fever therapy**
- Organopeptides with autologous blood activation
- Diet and optimizing of nutrition
- Phytotherapy (e.g. mistletoe, curcuma, beta-glycans)
- Colonic cleansing and up-building of **intestinal flora**
- Release of psycho-somatic conflicts affecting the organ („not-digested“ conflict)

The Human in the Center of Focus!

Our treatments are very individual as the result of true holistic diagnostics. We don't treat diagnoses—we treat people and the causes of their illness. Treatments vary, depending on the contributory causes we find.

In the name of the complete Alpstein Team,

Dr.med. Ralf Oettmeier
Head Physician